University of California



## 2017 Survey of Nurse Practitioners (NPs) and Certified Nurse-Midwives (CNMs)

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Preliminary Findings - November 2017

## Background

- Last BRN NP-CNM survey conducted 2010
- Small numbers of NPs and CNMs in Biennial RN Surveys
- What changes have occurred over the past 7 years?





## NP/CNM Survey

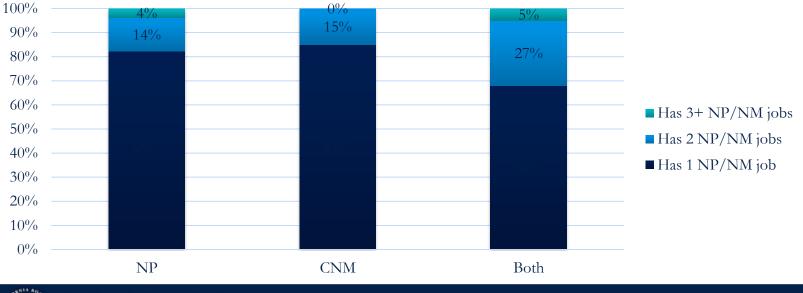
- 12-page survey for NPs & CNMs
  - Education
  - Employment, clinical practice & patient population
  - Barriers to practice
- 2,500 surveys mailed
- 66% response rate (1,664 completions)
- 1,616 valid responses
  - 1,269 NPs
  - 177 CNMs
  - 170 dual-certified





## How many NPs & CNMs live & work in California?

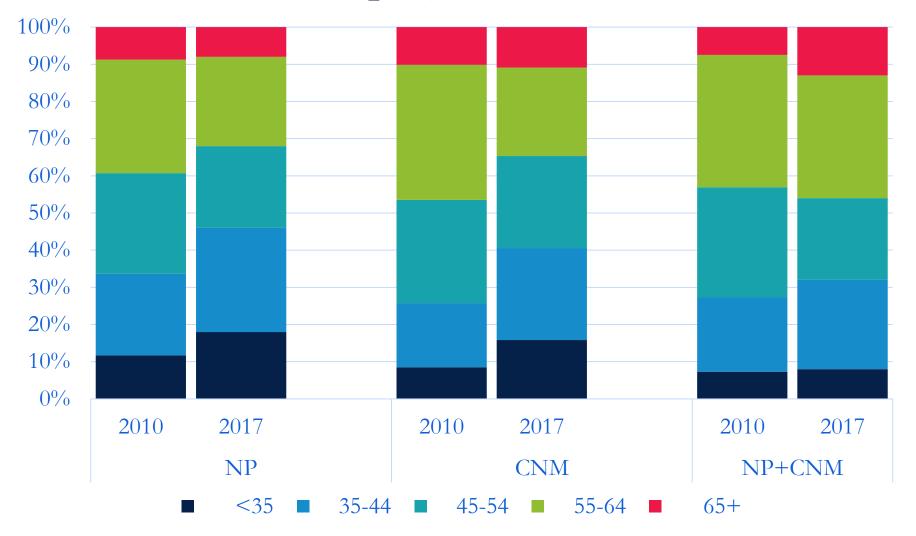
|                        | NPs    | CNMs  | Both<br>NP & CNM |
|------------------------|--------|-------|------------------|
| # living in California | 17,287 | 511   | 505              |
| # working as NPs/CNMs  | 14,145 | 364   | 437              |
| % working as NPs/CNMs  | 81.8%  | 71.2% | 86.5%            |







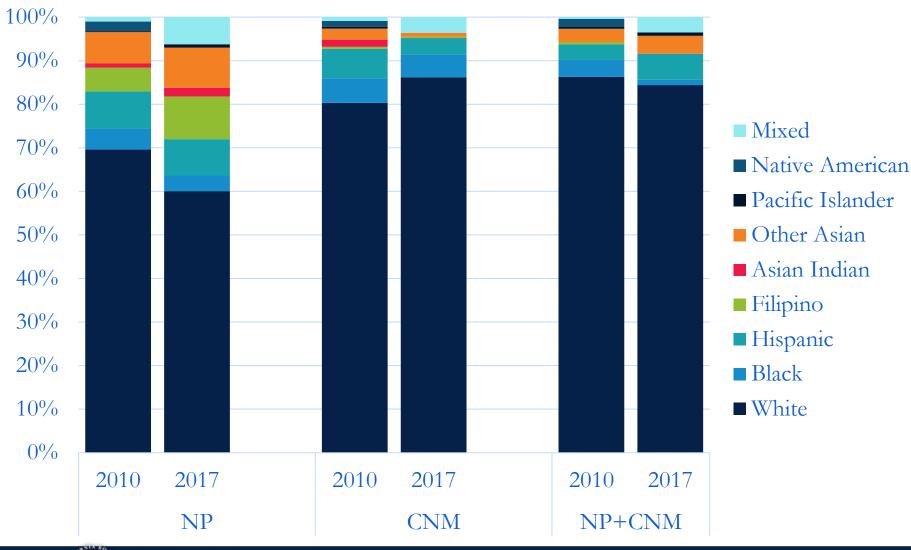
#### How old are employed NPs and CNMs?







### Diversity of employed NPs & CNMs

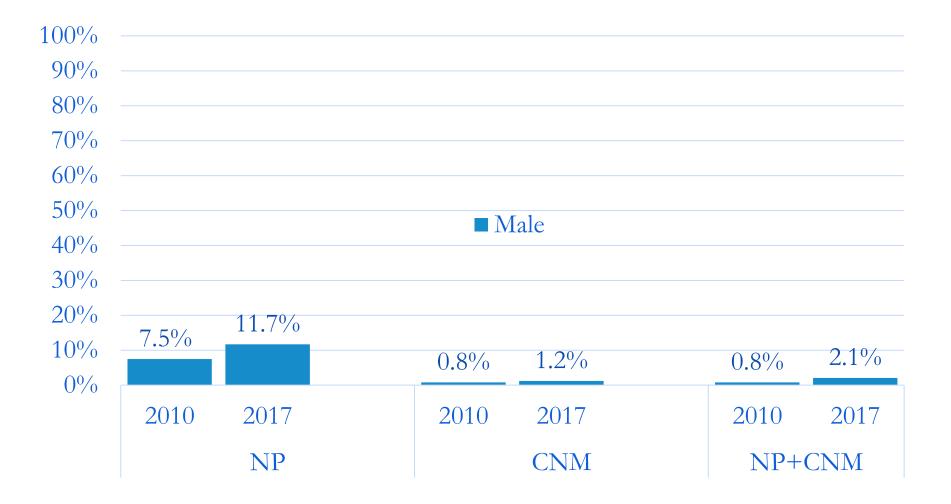


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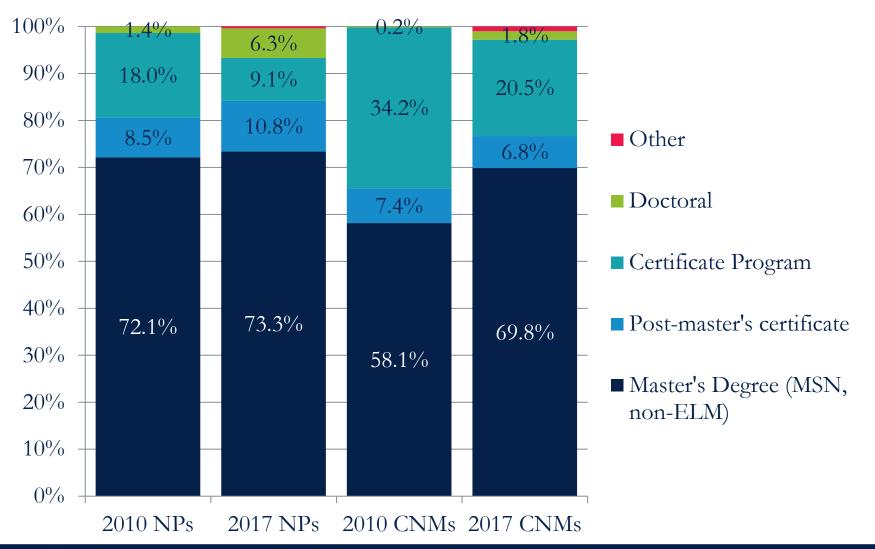
## Gender diversity of employed NPs & CNMs







## Highest education of employed NPs & CNMs

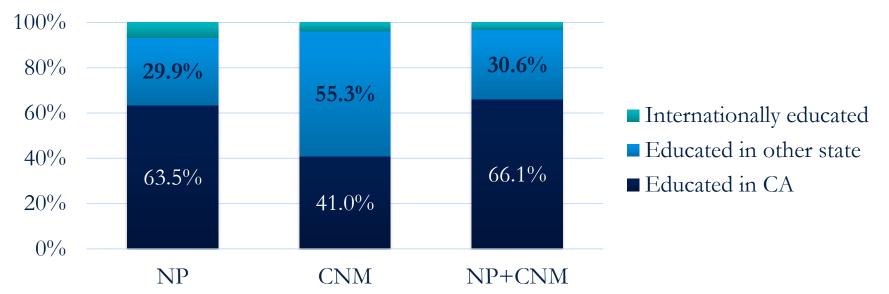






## Initial RN education of NPs & CNMs

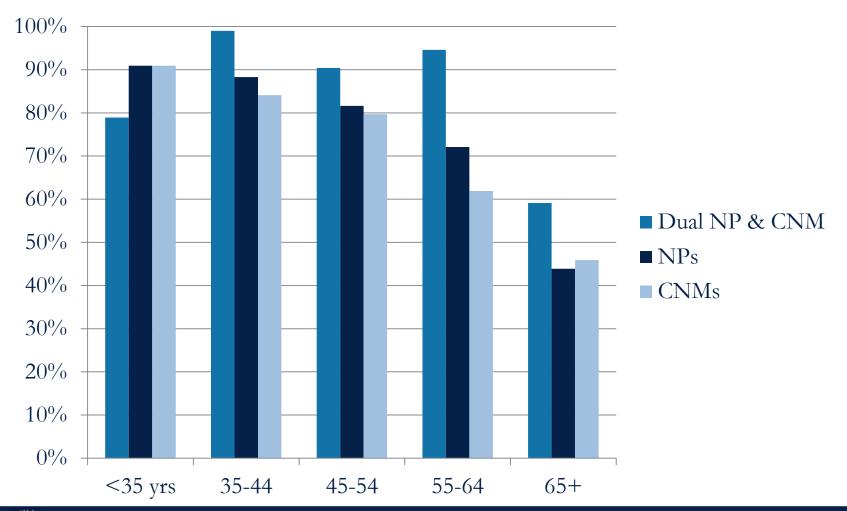
| Initial APRN education | NPs   | CNM   | NP+CNM |
|------------------------|-------|-------|--------|
| Diploma                | 7%    | 10.7% | 10.4%  |
| AT + 30-unit           | 27.8% | 14.2% | 25.4%  |
| BSN                    | 57.5% | 73.4% | 57.1%  |
| MSN + ELM              | 6.9%  | 1.7%  | 7.2%   |
| Doctoral               | 0.8%  | 0%    | 0%     |



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### Employment rate by age group, 2017



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## Work settings

|                            | NPs   | NMs   | NP+NM |
|----------------------------|-------|-------|-------|
| Hospital setting           | 25.8% | 43.6% | 50.8% |
| Clinic setting             | 60.2% | 48.9% | 43.0% |
|                            |       |       |       |
| Hospital acute             | 10.2% | 1.3%  | 1.1%  |
| Hospital outpatient clinic | 10.5% | 0.7%  | 3.5%  |
| Community Health Center    | 11.3% | 11%   | 11.7% |
| Private MD/DO Practice     | 16.0% | 8.7%  | 13.0% |
| Private primary care group | 23.3% | 12.4% | 13.4% |
| HMO/Managed Care           | 1.1%  | 6.1%  | 1.7%  |
| Veterans Administration    | 5.9%  | 2.8%  | 5.8%  |
| Academic education         | 1.9%  | 0 %   | 1.4%  |





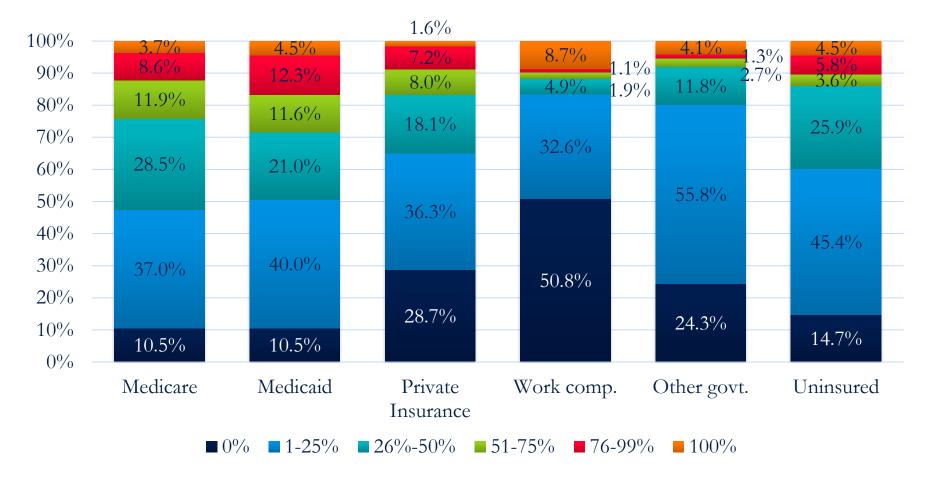
# Job titles of NPs & CNMs employed in these roles

|                            | NPs   | CNMs  | NP+CNM |
|----------------------------|-------|-------|--------|
| Nurse Practitioner         | 94.8% | 0.0%  | 19.8%  |
| Certified Nurse Midwife    | 0.0%  | 97.1% | 74.9%  |
| Middle management position | 0.4%  | 1.8%  | 0.0%   |





## Estimated shares of patients with types of payment (% reporting share in principal position)







# Types of patient currently accepted by practices in which NPs & CNMs work

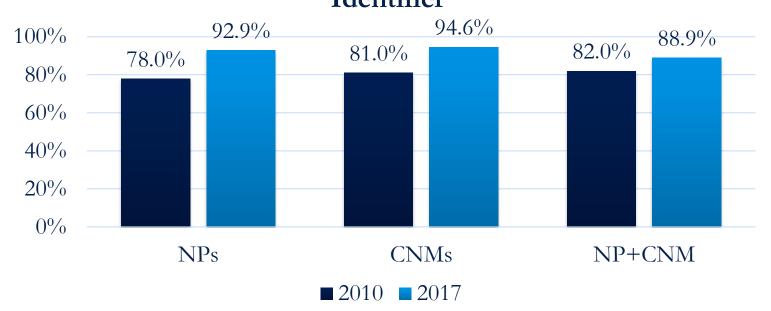
|             | NPs   | CNMs  | NP+CNM |
|-------------|-------|-------|--------|
| Medicare    | 80.0% | 49.5% | 63.7%  |
| Medicaid    | 69.8% | 71.1% | 61.5%  |
| Private Ins | 76.9% | 77.2% | 86.9%  |
| Work comp   | 25.6% | 8.6%  | 5.6%   |
| Other gov   | 38.5% | 28.3% | 34.4%  |
| Uninsured   | 54.1% | 38.5% | 46.0%  |





### Medicare/Medicaid national provider numbers & payment

29.9% of NPs are primary care providers for private plans20.5% of CNMs are primary care providers for private plans28.5% of NP+CNMs are primary care providers for private plans



#### Has a Medicare/Medicaid National Provider Identifier





## Medicare/Medi-Cal billing

|                       | NPs   |       | CNMs  |       | NP+CNM |       |
|-----------------------|-------|-------|-------|-------|--------|-------|
| Medicare billing      | 2010  | 2017  | 2010  | 2017  | 2010   | 2017  |
| Bill directly         | 20.8% | 25.1% | 27.9% | 10.9% | 24.6%  | 18.5% |
| Incident to physician | 29.9% | 18.8% | 13.6% | 7.4%  | 24.7%  | 11.8% |
| Don't know            | 49.2% | 41.8% | 58.6% | 60.9% | 50.7%  | 53.3% |
| Medi-Cal billing      |       |       |       |       |        |       |
| Bill directly         | 22.9% | 24.9% | 34.4% | 18.2% | 30.9%  | 28.6% |
| Incident to physician | 25.2% | 18.1% | 15.8% | 9.9%  | 24.5%  | 11.7% |
| Don't know            | 51.9% | 40.2% | 49.8% | 60.7% | 44.6%  | 49.3% |

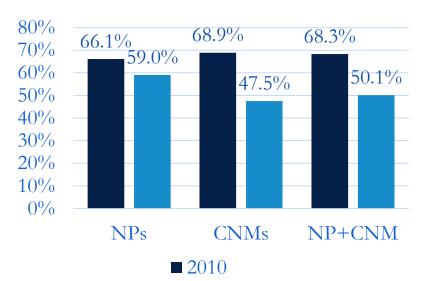




# What share of NPs & CNMs provide primary care?

|                 | N     | Ps    | CN    | Ms    | NP+CNM |       |
|-----------------|-------|-------|-------|-------|--------|-------|
|                 | 2010  | 2017  | 2010  | 2017  | 2010   | 2017  |
| First APRN job  | 66.1% | 59%   | 68.9% | 47.5% | 68.3%  | 50.1% |
| Second APRN job | 60.1% | 50.2% | 43.9% | 42.9% | 49.5%  | 41.1% |

First APRN job



#### 70% 60.1% 60% 50.2% 49.5% 43.9% 42.9% 50% 41.1% 40% 30% 20% 10% 0% **CNMs NPs** NP+CNM 2010

Second APRN job



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## Scope of practice

|  | Always | Almost<br>always | To a<br>consider-<br>able<br>degree | Occasion-<br>ally | Seldom | Never |
|--|--------|------------------|-------------------------------------|-------------------|--------|-------|
| Using your NP/CNM<br>skills fully?   | 58.5%  | 23.8%            | 12.6%                               | 2.2%              | 1.7%   | 1.1%  |
| Allowed to practice the<br>fullest extent of the<br>legal scope of practice. | 57.7%  | 21.4%            | 15.6%                               | 3.3%              | 1.6%   | 0.5%  |





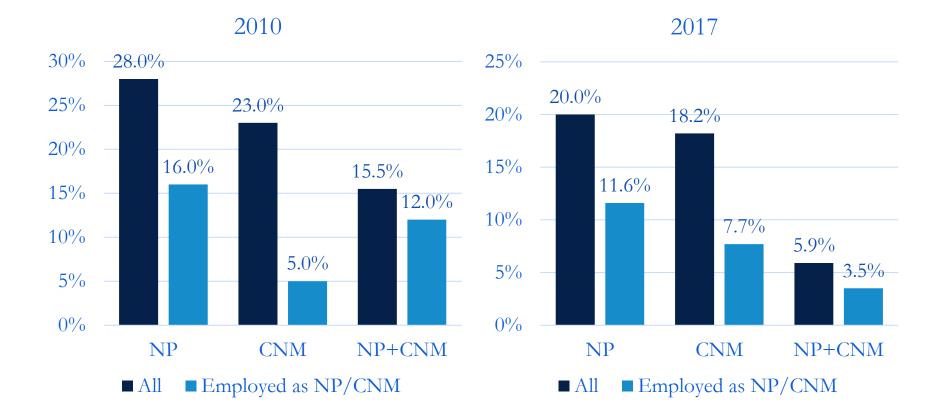
## Barriers to providing high-quality care reported by NPs and CNMs

|  | Not a problem | Minor<br>problem | Major<br>problem |
|--|---------------|------------------|------------------|
| Inadequate time with patients  | 29.6%         | 43.2%            | 25.1%            |
| Denial of coverage/care decisions by insurance companies               | 27.2%         | 39.4%            | 22.7%            |
| Too little involvement in decisions in your organization               | 42.8%         | 33.9%            | 17.7%            |
| Patients' inability to receive needed care because of inability to pay | 33.1%         | 41.5%            | 16.9%            |
| Lack of administrative support   | 45.2%         | 34.2%            | 16.8%            |
| Quality issues outside of your control                                 | 32.5%         | 46.6%            | 15.5%            |
| Lack of qualified specialists in your area                             | 51.7%         | 29.0%            | 15.3%            |
| Lack of ancillary clinical support (such as MAs)                       | 49.1%         | 32.3%            | 14.6%            |
| Lack of access/support for educational advancement                     | 53.9%         | 28.2%            | 13.7%            |
| Not getting timely reports from other providers and facilities         | 38.5%         | 44.1%            | 12.2%            |





#### Percent of NPs/CNMs working in non-NP/CNM RN jobs







## Reasons for not working as NP/CNM (% saying "very important")

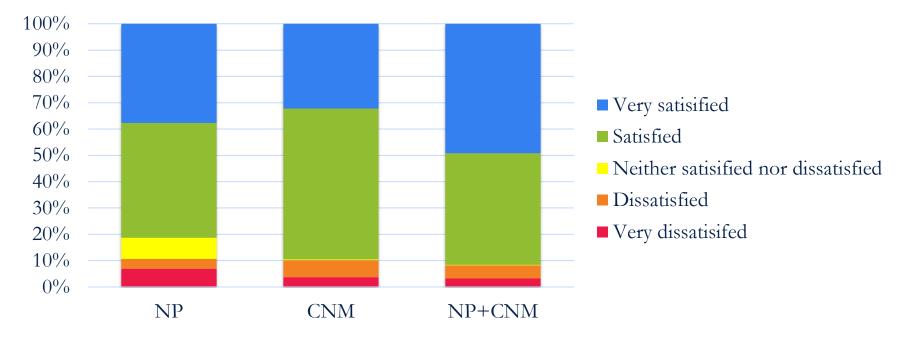
|  | Not at all<br>important | Somewhat important | Important | Very<br>important |
|--|-------------------------|--------------------|-----------|-------------------|
| Lack of NP/CNM jobs/practice opportunities in desired location | 16.8%                   | 5.5%               | 14.5%     | 31.4%             |
| Childcare/family responsibilities                              | 14.4%                   | 9.0%               | 6.4%      | 31.2%             |
| Lack of NP/CNM jobs in desired type of facility                | 17.3%                   | 7.6%               | 10.6%     | 30.4%             |
| Lack of NP/CNM jobs in desired specialty                       | 15.8%                   | 7.0%               | 19.0%     | 25.9%             |
| Retired  | 12.2%                   | 5.6%               | 4.3%      | 22.2%             |
| Dissatisfied with benefits/salary                              | 15.8%                   | 9.7%               | 12.4%     | 21.3%             |
| Lack of good management/ leadership                            | 16.2%                   | 10.2%              | 14.5%     | 21.3%             |
| Overall lack of NP/CNM jobs                                    | 18.8%                   | 10.7%              | 14.8%     | 21.2%             |
| Inconvenient schedules   | 18.4%                   | 13.3%              | 9.9%      | 19.2%             |





## Overall satisfaction with NP/CNM practice

|                                    | NP    | CNM   | NP+CNM |
|------------------------------------|-------|-------|--------|
| Very dissatisifed                  | 6.9%  | 3.7%  | 3.2%   |
| Dissatisfied                       | 3.7%  | 6.4%  | 5.0%   |
| Neither satisfied nor dissatisfied | 8.1%  | 0.4%  | 0.2%   |
| Satisfied                          | 43.6% | 57.2% | 42.4%  |
| Very satisfied                     | 37.7% | 32.2% | 49.1%  |











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